



Please find below the schedule for the IDC Prep and Instructor Development Course (IDC). All details listed are subject to change due to weather and logistics. The start time for each day is 09:00 hours unless otherwise stated. (Please be on time so we can leave on time!)

Lunch is around 12:30hrs each day. Finish time for each day is around 17:00hrs.

Please attend everyday with your PADI Instructor Manual, PADI IDC Crew Pack, Recreational Dive Planner both e-RDP and Table versions plus Calculator, Highlighters, Pens & Pencils etc.

Day 1 - IDC Prep

Dive Theory Review Part 1

1:1 Orientation

1:2 Theory Review

Lunch

1:3 Rescue + CESA Workshop & Swim Tests

1:4 **Homework:**

- **E-Learning: Dive Theory for Dive Leaders**
- **E-Learning: PADI System Overview**
- **E-Learning: Learning, Instruction and the PADI System**

Day 2 - IDC Prep

2:1 Dive Theory Review

Lunch

2:2 Skill Circuit (24 basic skills)

2:3 **Homework:**

- **E-Learning: PADI Open Water Diver Course**
- **E-Learning: Conducting and Evaluating Knowledge Development**
- **E-Learning: Introduction to Teaching Presentations**
- **Pre-assessment Theory Exam 1**

Day 3

3:1 Learning & Teaching Workshop

3:2 Open Water Course Workshop

Lunch

3:3 PADI System Workshop- Part 1 & 2

3:4 Knowledge Development Workshop

3:5 Homework:

- **E-Learning: Confined Water Training**
- **E-Learning: Discover Scuba Diving and Experience Programs**
- **Prepare Prescriptive Presentation # 1**
- **Pre-assessment Theory Exam 2**

Day 4

4:1 Prescriptive Presentation 1

4:2 Teaching in Confined Workshop + Dry Practice

4:3 Discover Scuba Diving Workshop Part 1 (Knowledge Dev.)

Lunch

4:4 Confined Water Presentation 1+2

4:5 Discover Scuba Diving Workshop Part 2 (Confined)

4:6 Homework:

- **E-Learning: Open Water Training**
- **E-Learning: Continuing Education and Leadership Courses**
- **Prepare Prescriptive Presentation # 2**
- **Pre-assessment GS & P Exam 1**

Day 5

5:1 Open Water Teaching Workshop + Dry Practice

5:2 Review OW Workshops

Lunch

5:3 Decent and CESA workshops

5:4 OW Presentation 1 & 2

5:5 Discover Scuba Diving Workshop Part 3 (Open Water dive)

5:6 Homework:

- **E-Learning: Risk Management and Legal Considerations**
- **E-Learning: Managing Risk**
- **E-Learning: PADI Quality Management and Licensing**
- **E-Learning: Business of Diving**
- **Theory Exam**

Day 6

6:1 Prescriptive Presentation 2

6:2 Risk Management + Licensing Workshop

Lunch

6:3 Continuing Education Workshop

6:4 Sales Techniques Workshop

6:5 Advanced Open Water Workshop Part 1

6:6 Homework:

- **Prepare Open Water Skills 3 & 4**
- **Prepare Prescriptive Presentation # 3**
- **Standards Exam**

Day 7 BOAT- 07:30 START!!!!

7:1 OW Presentation 3 & 4

7:2 Advanced Open Water Workshop Part 2

Lunch

7:3 Prescriptive Presentation 3

7:4 Emergency First Responder (EFR) Instructor Course Part 1

7:5 **Homework:**

- **EFRI Knowledge Review EFR**

Day 8

8:1 Emergency First Responder (EFR) Instructor Course Part 2

8:2 PADI Emergency Oxygen Provider Instructor Course

8:3 **Homework:**

- **Prepare Confined Skills 3 & 4**
- **Theory Exam**

Day 9 -----DAY OFF-----

Day 10

10:1 PADI System Workshop- Part 3 & 4

10:2 P.I.C Processing Workshop & Discover Scuba Diving Workshop

Lunch

10:3 Confined Water Presentation 3+4

10:4 **Homework:**

- **Theory Exam**
- **Prepare Prescriptive Presentation # 4**

Day 11

11:1 Prescriptive Teaching Presentation 4

11:2 Rescue Diver Workshop part 1

Lunch

11:3 Remedial Theory / Extra Practice skills

11:5 **Homework:**

- **Prepare Open Water Skills 5 & 6**
- **GS & P Exam**

Day 12 BOAT- 07:30 START!

12:1 Open Water Presentations 5 + 6

12:2 Rescue Diver Workshop part 2

Lunch

12:3 Course Close

12:4 Final Counselling & IE Recommendations

12:5 Homework:

- **Prepare Prescriptive Presentation # 5**
- **Prepare Confined Skill 5**
- **STUDY!**

Day 13 (8:00am start)

13:1 Mock IE - Dive Theory & General Standards & Procedures Exams

13:2 Mock IE - Prescriptive Teaching Presentation (#5)

13:3 Mock IE - Confined Water Presentation (#5)

13:4 Homework:

- **Prepare Open Water Skills 7 & 8**

Day 14 BOAT 7:30 Start!

14:1 Mock IE - OW Presentations (#7 & 8)

Lunch

14:2 Final Counselling & IE Recommendations

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